

BOYS CROSS COUNTRY	COACH	TEAM FINISH	TEAM	TEAM	TEAM
SEASON		AT	FINISH AT	POINTS AT	PLACE AT
		CONFERENCE	DISTRICTS	STATE	STATE
1973	D Fernau				
1974	D Fernau				
1975	D Fernau		3 rd	183	14 th
1976	D Connolly				
1977	B Williams				
1978	D Ziola				
1979	D Ziola				
1980	D Ziola	Runner Up			
1981	D Ziola				
1982	D Ziola		3 rd	121	9 th
1983	D Ziola		3 rd	131	10 th
1984	D Ziola	Champion	Champion	98	5 th
1985	D Ziola	Champion	Runner Up	173	11 th
1986	D Ziola	Champion			
1987	D Ziola	Champion			
1988	D Ziola				
1989	D Ziola	Champion	Champion	96	5 th
1990	D Ziola	Champion	Champion	95	7 th
1991	D Ziola	Runner Up	Runner Up	112	8 th
1992	D Ziola		3 rd	103	7 th
1993	D Ziola	Champion	3 rd	108	8 th
1994	D Ziola	Champion			
1995	D Ziola	Champion			
1996	D Ziola	Champion			
1997	D Ziola	Runner Up			
1998	E Whitmore				
1999	E Whitmore	Runner Up			
2000	E Whitmore				
2001	E Whitmore				
2002	D Hall/T Engel				
2003	D Hall				
2004	D Hall				

2005	M Dam				
2006	S Parson				
2007	S Parson				
2008	S Parson				
2009	S Parson		3 rd	140	9 th
2010	S Parson		Runner Up	114	8 th
2011	S Parson		Runner Up	131	9 th
2012	S Parson		3 rd	125	10 th
2013	S Parson				
2014	S Parson				
2015	S Horner				
2016	S Horner				
2017	S Horner		Runner Up	113	9 th
2018	M Curran				
2019	M Curran	Runner Up			
2020	M Curran				
2021	M Curran	Runner Up	Runner Up	134	7th
2022	M Curran	Runner Up	Runner Up	180	11th
2023	M Curran	Champion	3rd	132	7th
2024	M Curran		Runner Up	130	8th
2025	M Curran				

BOYS CROSS COUNTRY SCHOOL RECORDS 5K

Randy McDowell	15:58	1986-87			
Dan Christensen	16:18	1993-94			
John Christensen	16:19	1990-91			
Lonnie Graver	16:28	1986-87			
John Morrison	16:34	2001-02			
Zac Newkirk	16:34	2012-13			
Jeff Jensen	16:36	1998-99			
Pat Thompson	16:36	1986-87			
Bruce Larsen	16:37	1990-91			
Matt Mellama	16:40	2012-13			
Nolan May	16:45	2023-24			

Mike Grefe	16:48	1986-87		
Chad Morrison	16:48	1995-96		
Zach Kaup	16:49	2008-09		
Troy Brainerd	16:56	1985-86		
Tom Harmon	16:56	1980-81		
Ray Mather	16:56	1986-87		
INDIVIDUAL STATE QUALIFIERS AND PLACERS				
Tim Stork		1973		
Tim Stork		1974		
Ward Opfer	23 rd	1978		
Tom Harmon		1981		
Chad Morrison	50 th	1994		
Chad Morrison	7 th	1995	* State Medalist	
Jeff Jensen	26 th	1998		
John Morrison	5 th	2000	* State Medalist	
John Morrison	Champion	2001	* State Medalist	
Matt Jamison	32 nd	2004		
Zach Kaup	35 th	2008		
Luke Walkenhorst	53 rd	2013		
Noah Kubat	53 rd	2016		
Noah Kubat	9 th	2017	* State Medalist	
Noah Kubat	14 th	2018	* State Medalist	
Noah Kubat	16 th	2019		
Colby Grefe	72 nd	2020		
Ashton Vollmer	38 th	2025		
TEAM QUALIFIERS AND PLACINGS				
Ward Opfer		1975		
Tom Nielsen				
Charlie Meyer				
Tim Stork				

Chris Gawert	12 th	1982			
Mike Bellander	34 th				
Todd Adelgren	46 th				
Brian Fink	51 st				
Todd Adelgren	37 th	1983			
Lonnie Graver	40 th				
Brad Grefe	42 nd				
Brian Greunke	44 th				
Troy Brainerd	51 st				
Lonnie Graver	14 th	1984			
Brian Greunke	32 nd				
Troy Brainerd	33 rd				
Brad Grefe	48 th				
Kelly Satter	59 th				
Lonnie Graver	31 st	1985			
Randy McDowell	32 nd				
Troy Brainerd	70 th				
Pat Thompson	72 nd				
Ray Mather	100 th				
Brian Greunke	107 th				
Bruce Larsen	25 th	1989			
Troy Hansen	29 th				
Troy Gunderson	37 th				
Shane Dwyer	43 rd				
Eric Hartman	48 th				
Bruce Larsen	16 th	1990			
John Christensen	20 th				
Shane Dwyer	29 th				
Eric Hartman	77 th				

David Gnuse	78 th			
Troy Gunderson	DNF			
John Christensen	11 th	1991	* State Medalist	
Shane Dwyer	34 th			
Eric Hartman	54 th			
Dan Christesen	56 th			
Tracy Dierks	67 th			
J P Rhea	77 th			
Dan Christensen	4 th	1992	* State Medalist	
Eric Hartman	28 th			
Tracy Dierks	43 rd			
J P Rhea	63 rd			
Ben Misfeldt	71 st			
Steve Russell	80 th			
Dan Christensen	6 th	1993	* State Medalist	
Steve Russell	44 th			
Ben Misfeldt	50 th			
J P Rhea	57 th			
Chad Morrison	66 th			
Jason Holtz	78 th			
Zac Newkirk	34 th	2009		
Zach Kaup	36 th			
Cody Pearson	50 th			
Ben Dobson	75 th			
John Ryckman	76 th			
Pat Donnelly	80 th			
Cody Pearson	22 nd	2010		
Zac Newkirk	29 th			
John Ryckman	56 th			
Zach Kaup	60 th			

Ben Dobson	75 th			
Nick Kaup	92 nd			
Zac Newkirk	20 th	2011		
Cody Pearson	47 th			
Matt Mellama	53 rd			
Nick Kaup	72 nd			
Austin Sampson	86 th			
Tim Dragt	87 th			
Zac Newkirk	14 th	2012	* State Medalist	
Matt Mellama	24 th			
Austin Sampson	59 th			
Nick Kaup	76 th			
Luke Walkenhorst	77 th			
Tim Dragt	92 nd			
Noah Kubat	9 th	2017		
Sam Kubat	42 nd			
Alex Luttig	48 th			
Sam Anzalone	68 th			
Caleb Hancock	75 th			
Braden Rump	80 th			
Nolan May	8th	2021	* State Medalist	
Kevin Flesner	28th			
Luke Hammang	69th			
Dallin Franzluebbers	80th			
Kolby Tighe	94th			
Barrett Nielsen	99th			
Kolby Tighe	42nd	2022		
Luke Hammang	72nd			
John Morrison	73rd			
Dallin Franzluebbers	93rd			
Kevin Flesner	105th			

Nolan May	DNF			
Nolan May	23rd	2023		
Kolby Tighe	30th			
Dallin Franzluebbbers	60th			
Kevin Flesner	69th			
John Morrison	72nd			
Trey Hill	76th			
Kolby Tighe	6th	2024	* State Medalist	
John Morrison	28th			
Ashton Vollmer	39th			
Brayden Fuchs	100th			
August Burns	103rd			
Ethan Hilgenkamp	106th			
TOURNAMENT PLACINGS				
Bergan Invite	Runner Up	1980		
Bergan Invite	Runner Up	1981		
David City Aquinas Invite	Runner Up	1984		
David City Aquinas Invite	Champion	1985		
Bergan Invite	Champion			
Blair Invite	Champion			
North Bend Invite	Runner Up			
Bergan Invite	Champion	1986		
North Bend Invite	Champion			
Bergan Invite	Runner Up	1987		
David City Aquinas Invite	Runner Up	1989		
Bergan Invite	Runner Up			
Bergan Invite	Champion	1990		
Blair Invite	Champion			
North Bend Invite	Champion			
David City Aquinas Invite	Champion			
Bergan Invite	Runner Up	1991		
Fort Calhoun Invite	Runner Up	1994		
Arlington Invite	Champion	1995		

Fort Calhoun Invite	Champion				
Bergan Invite	Champion	1996			
Fort Calhoun Invite	Champion				
Fort Calhoun Invite	Runner Up	1997			
Arlington Invite	Champion				
Fort Calhoun Invite	Champion	1998			
Arlington Invite	Champion				
Fort Calhoun Invite	Runner Up	1999			
Logan View Invite	Runner Up	2002			
Logan View Invite	Runner Up	2008			
Logan View Invite	Champion	2009			
Arlington Invite	Runner Up				
Raymond Central Invite	Runner Up				
Bennington Invite	Runner Up				
Arlington Invite	Runner Up	2010			
Logan View Invite	Runner Up				
Fort Calhoun Invite	Runner Up				
Raymond Central Invite	Champion				
Logan View Invite	Champion	2011			
Fort Calhoun Invite	Runner Up				
Raymond Central Invite	Runner Up				
Logan View Invite	Champion	2012			
Arlington Invite	Runner Up				
Raymond Central Invite	Runner Up	2016			
Arlington Invite	Runner Up	2019			
Fort Calhoun Invite	Runner Up				
Arlington Invite	Runner Up	2021			
Fort Calhoun Invite	Runner Up				
Concordia Invite	Champion	2022			
Arlington Invite	Runner Up				
Blair Invite	Runner Up				
Fort Calhoun Invite	Runner Up				
Concordia Invite	Champion	2023			
Arlington Invite	Champion				
Fort Calhoun Invite	Champion				

Concordia Invite	Runner Up	2024			
Arlington Invite	Runner Up				
Blair Invite	Runner Up				
Raymond Central Invite	Champion	2025			